

ROOTED

STANDING STRONG IN GOD'S TRUTH

WEEK 1

DAY 1 READ PSALM 1

Pretend you're an illustrator. What would you draw to make the words in Psalm 1 come to life? How many different objects or people are mentioned here?

Now, let's add some of our personal doodles on top. Draw yourself in the picture. In the white space, write at least one struggle—something hard—that threatens to blow you around or even knock you over.

What's something that you could add more of in your life to help you feel more secure or rooted? Basically, what acts like water and sun in your life? Find a place to jot that down too. Put your picture up in a place where you'll see it a few times over this next week and ...

THANK God we can be like the tree planted by water, giving off good fruit!

DAY 2 READ 2 TIMOTHY 3:16-17

The Bible is like a playbook for life—anytime you face a difficult situation, you can find truth to help you know the right thing to do. And knowing is half the battle!

Match these verses to the situations they'd be most helpful to know:

You accidentally break your mom's favorite vase while playing ball inside the house	Proverbs 11:13
Your friends are all talking bad about the new kid	Matthew 6:14-15
You notice your little brother's favorite stuffed animal is looking raggedy, and you just got a new one	Psalm 55:22
You are worried about your upcoming test, even though you studied as hard as you could	2 Corinthians 9:7
Your sister borrows your iPod touch and breaks it	Proverbs 12:22

Star your favorite verse from above. What do you like most about it? Why do you want to remember it?

ASK God to guide you through His Word to find the truth you need.

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DAY 3

READ PSALM 119:106

Ask a parent or friend to help you. Get a scarf or something to cover your eyes. While blindfolded, try to walk around the room without bumping into or breaking anything. Then try it again, but ask the other person to give you instructions on how to avoid more things as you walk around. Then try it one last time trying to remember the instructions and where all the obstacles were from before.

Was it easier or harder to take the right steps when you had someone guiding you? Did it get easier the more you did it—the more that you walked the right path?

LOOK at the obstacles in your life as a chance to rely on God's guidance.

DAY 4

READ PSALM 119:105, 111,112

Tonight after dark, get a parent and a flashlight. Walk outside and shine the light on the ground to see where you are going. Notice how if you look too far away from the light, you can't see a thing. But if you use the light, you know where to step—or not to step.

Go back inside and grab some paper. Write about a time when you really wanted to stand for the right thing, but you just couldn't see what the right thing to do was. Can you think of any Bible stories or principles like that? If not, where could you look or who could you ask for help in finding verses that match specific things going on in your life right now?

KNOW that you can always ask God for help in seeing the next step.